AIR FORCE SCHOOL JAMNAGAR

THE BLUE HORIZON



THEME OF THE MONTH

Healthy and Unhealthy Food

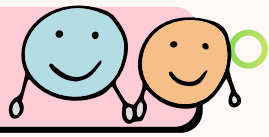
Welcome to September edition of the e - Newsletter

Colour of the Month: GREEN

This month we encouraged students to understand the importance of making nutritious food choices.

Remember: Eat healthy food, Choose balanced diet.

CONNECT



For any queries or concerns:
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Principal's Office
afsschooljam@gmail.com

REMINDERS

For Balvatika I to Class 5:

- Avoid junk food.
- Focus on a balanced diet.
- Maintain cleanliness.

A healthy plate, a happy heart, and a little green to help us grow.

FROM THE HEADMISTRESS'S DESK



Dear Parents,

September brings with it a wonderful opportunity to learn about something that is a part of our everyday lives—the food we eat. Through this month's activities and conversations on Healthy and Unhealthy Food, our little learners will discover that making healthy choices can be simple, enjoyable, and fun!

Our Colour of the Month is Green, making this month even more special! Green reminds us of fresh vegetables, leafy greens, nature, growth, and the joy of staying healthy.

I hope our children carry this learning beyond the classroom and slowly turn healthy choices into happy everyday habits.

Let us continue to encourage our little ones to eat well, explore freely, stay active, and grow with confidence. After all, healthy habits begin with small choices—and every little step counts!

Wishing our young learners a happy, healthy and green month ahead! 💚

With love,

Headmistress

Ms Paras Rathod

PHYSICAL DEVELOPMENT

The Sports Day selection process provided students with an opportunity to showcase their physical abilities, enthusiasm, and sporting spirit. Students participated with great excitement and demonstrated qualities such as coordination, agility, stamina, discipline, and teamwork.















Shape Game

The Shape Game was an engaging physical activity designed to develop coordination, quick response, body movement, and observation skills. Students enthusiastically followed instructions and formed different shapes, making learning both active and enjoyable.

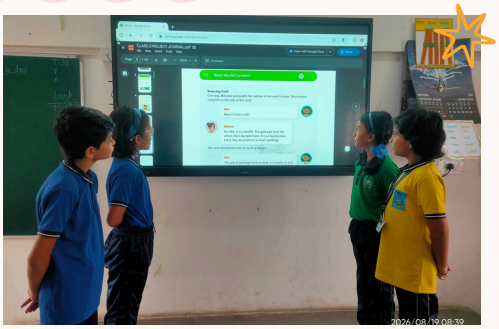
A healthy plate, a happy heart, and a little green to help us grow.

The Term 1 Examination was conducted to assess students' understanding of concepts covered during the first term. The examination also encouraged students to revise their learning, manage their time effectively, and approach assessments with confidence.



Students successfully completed **Britannica Project 1**, which provided them with an opportunity to explore topics beyond their regular classroom learning. The project encouraged research, creativity, presentation skills, and independent learning.





















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GIVING BACK TO COMMUNITY

Swachhata Pledge – As part of the Swachhta Abhiyan, students took the Swachhata Pledge and reaffirmed their commitment to keeping their surroundings clean. The activity highlighted the importance of personal responsibility and collective participation in maintaining a clean and healthy environment.






Cleanliness Drive

As part of the Swachhata Abhiyan initiative, students participated in a cleanliness drive around the neighbourhood.

Class III: Students took part in a cleanliness drive near the school gates, spreading awareness about keeping public spaces clean.

Class IV: Students carried out the cleanliness activity near the school main gate, learning the importance of responsible waste disposal.

Class V: Students participated in the drive near SBI Bank, promoting cleanliness and civic responsibility in the surrounding community.

The initiative helped students understand that cleanliness is not limited to the classroom but is a shared responsibility towards the community.








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Our excited young learners took part in handwashing activity as part of the Swacchata Abhiyan. Through the activity they learnt how germs affect our health and the importance of washing hands properly especially before meals.









Students participated in the International English Olympiad (IEO) with enthusiasm. The Olympiad provided learners with an opportunity to apply their language skills, strengthen their understanding of English, and experience a competitive learning environment.

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ACTIVITIES

Card Making

The Card Making Activity brought out the creativity and imagination of students of Balvatika. They designed colourful and thoughtful cards using different materials and gifted them to teachers for Teachers Day. The activity encouraged artistic expression, fine-motor skills, and the joy of creating something by hand.



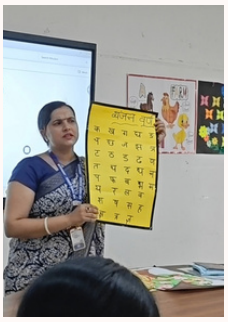






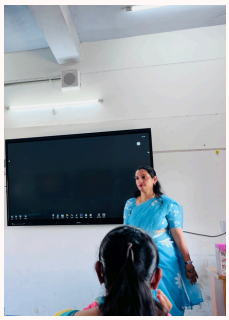




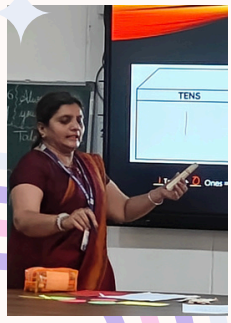


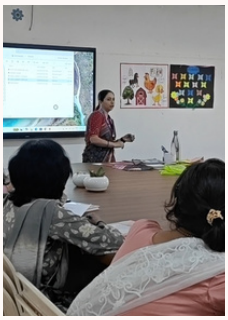




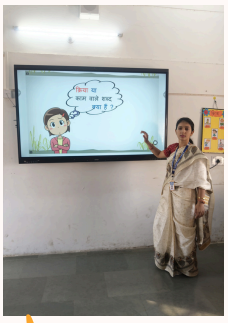












A Faculty Development Programme (FDP) was organised for nine teachers from the PRT and NTT sections. The programme provided teachers with opportunities for professional learning, sharing of ideas, and strengthening classroom practices. Such initiatives contribute towards continuous teacher development and enriched learning experiences for students.

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परीक्षा में सफलता





बच्चों, आज सुनाती हूँ,
अपने अनुभव की कुछ बात,
परीक्षा से घबराना नहीं,
रखना मन में विश्वास।

जब मैं भी छात्रा थी,
परीक्षा आती थी पास,
कभी कठिन प्रश्न देखकर,
डगमग होता था विश्वास।

फिर मैंने यह बात समझी,
मेहनत ही है सच्ची जीत,
रोज़ पढ़ो थोड़ा-थोड़ा,
बन जाएगी पढ़ाई प्रीत।

परीक्षा में पहले पढ़ लेना,
प्रश्नपत्र को ध्यान से,
जो आता हो, पहले लिखना,
पूरे आत्मविश्वास से।

समय का रखना पूरा ध्यान,
उत्तर लिखना साफ-सुथरा,
प्रश्न को समझकर लिखना उत्तर,
न हो कोई शब्द अधूरा।

अंत में उत्तर जाँच लेना,
छूटा कुछ तो लिख देना,
जल्दबाजी बिल्कुल मत करना,
धैर्य से आगे बढ़ते जाना।

अंक ही सब कुछ नहीं होते,
यह बात हमेशा याद रखना,
अपनी मेहनत, अपना प्रयास,
सबसे ऊपर मानना।

गलती हो तो सीख लेना,
हार से कभी न घबराना,
हर परीक्षा एक अवसर है,
खुद को बेहतर बनाना।

मेरी बात मानोगे बच्चों,
तो राह सरल हो जाएगी,
मेहनत, धैर्य और विश्वास से,
हर मंज़िल मिल जाएगी।



- श्रीमती रजनी पाण्डेय
प्राथमिक अध्यापिका

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CLUB ACTIVITIES (CLASS 1 - 5)

Leaf Collage

The SUPW Club conducted a creative Leaf Collage Activity. Students used naturally available leaves to create attractive patterns and designs. The activity combined creativity with environmental awareness and encouraged students to appreciate the beauty and usefulness of natural materials.























Gift Wrapping

The Grooming Club organised a Gift Wrapping Activity to develop students' creativity, presentation skills, and attention to detail. Students learnt simple and attractive ways of wrapping gifts while understanding the importance of neatness and presentation.

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Mimicry

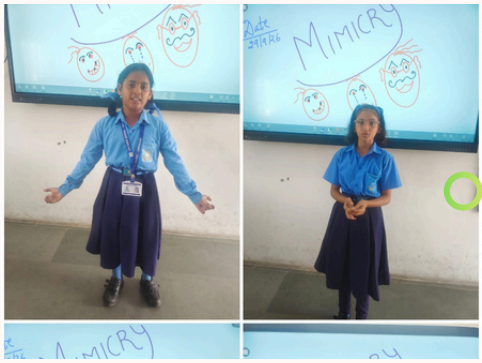
The Drama Club explored the art of Mimicry, giving students a platform to express themselves through voice, expressions, gestures, and body language. The activity was entertaining and helped build confidence, observation skills, and stage presence.











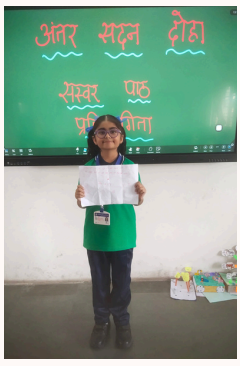


COMPETITIONS











दोहा गायन प्रतियोगिता

दोहा गायन प्रतियोगिता ने छात्रों को सही लय, उच्चारण और भाव के साथ पारंपरिक हिंदी दोहे प्रस्तुत करने का अवसर दिया। इस प्रतियोगिता ने हिंदी साहित्य के प्रति सराहना की भावना को बढ़ावा दिया और छात्रों को भारत की समृद्ध साहित्यिक विरासत से जुड़ने के लिए प्रोत्साहित किया।

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ढाई अखर पत्र लेखन प्रतियोगिता

डाक विभाग द्वारा आयोजित प्रतियोगिता में विद्यार्थियों ने उत्साहपूर्वक भाग लिया। प्रतियोगिता ने छात्रों को पत्र लेखन की कला को फिर से खोजने और लिखित शब्द के माध्यम से अपने विचारों को रचनात्मक और सार्थक ढंग से व्यक्त करने के लिए प्रोत्साहित किया।



अंतर सदन कविता गायन प्रतियोगिता

बालवाटिका से लेकर कक्षा 5 तक के सभी हाउस के छात्रों ने पूरे उत्साह के साथ भाग लिया। छात्रों ने आत्मविश्वास, आवाज़ में सही उतार-चढ़ाव, लय और भाव-भंगिमा के साथ कविताएँ प्रस्तुत कीं।





























Salad Décor Competition

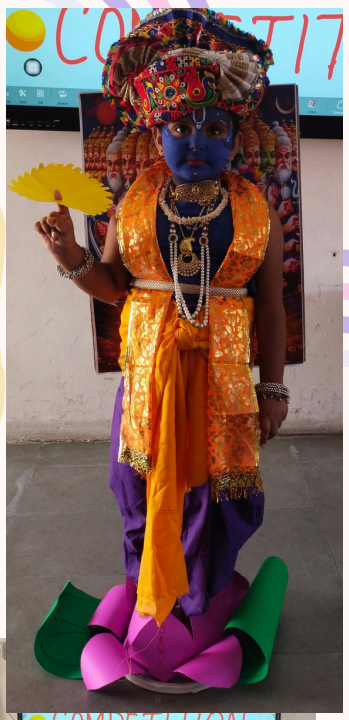
The Balvatika Salad Décor Competition introduced young learners to the joy of healthy food through a creative activity. Children decorated salads using colourful fruits and vegetables, making nutritious food visually appealing and exciting. The activity beautifully complemented the month's theme of healthy eating.

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Fancy Dress Competition

The Fancy Dress Competition provided students of Balvatika to Class 5 with a colourful platform to dress up as different characters and personalities. as per the theme given class wise Their costumes, expressions, and presentations reflected creativity and confidence. The activity helped in encouraging students to speak and perform before an audience.



































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GUEST PARENT LECTURE

Sambit Pragyan Pradhan – Mother of Aarohi, BV II C
The school was pleased to welcome Mrs. Sambit Pragyan Pradhan, mother of Aarohi of BV II C, for an enriching Guest Parent Lecture. The session provided students with an opportunity to learn through a parent's experience and perspective. Such interactions strengthen the partnership between parents and the school and create meaningful opportunities for experiential learning.






CELEBRATIONS







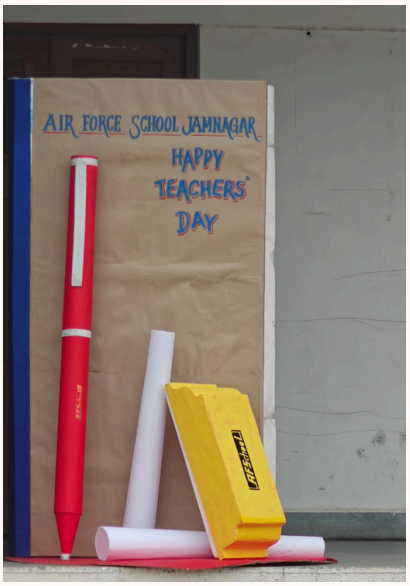



Ganesh Chaturthi
Ganesh Chaturthi was celebrated with enthusiasm and reverence. Students learnt about the significance of Lord Ganesha and the values associated with the festival, such as wisdom, humility, perseverance, and positivity. The celebration also encouraged students to appreciate India's rich cultural traditions.

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Teachers' Day Celebration

Teachers' Day was celebrated with warmth and gratitude. Students expressed their love and appreciation for their teachers through special performances, activities, and thoughtful gestures. The celebration highlighted the meaningful bond between teachers and students and acknowledged the valuable role of teachers in shaping young minds.











Nutritional Week –

Assembly by Class 1A:

"शुरुआत से सही पोषण"

As part of Nutritional Week, Class 1A presented a special assembly on "शुरुआत से सही पोषण". Through an engaging presentation, students highlighted the importance of balanced nutrition and healthy eating habits from an early age. The assembly reinforced the message that good health begins with good food choices.







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हिंदी दिवस

हिंदी भाषा और उसकी समृद्ध साहित्यिक विरासत के सम्मान में हिंदी दिवस उत्साह के साथ मनाया गया। विभिन्न गतिविधियों के माध्यम से छात्रों को हिंदी को संवाद, रचनात्मकता, साहित्य और सांस्कृतिक अभिव्यक्ति की भाषा के रूप में सराहने के लिए प्रोत्साहित किया गया।









हिन्दी दिवस की हार्दिक शुभकामनाएं









Janmashtami Celebration

The spirit of Janmashtami filled the school with joy and devotion. Students participated in activities celebrating the birth of Lord Krishna and learnt about the cultural and traditional significance of the festival. The celebration provided an opportunity to connect children with Indian traditions and values.

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Green Day

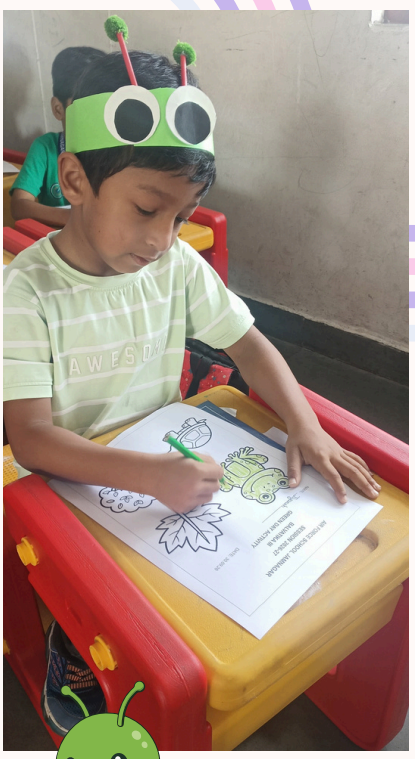
Green Day was celebrated with great enthusiasm, in keeping with the Colour of the Month. Students participated in green-themed activities and explored the connection between the colour green, nature, plants, freshness, and healthy living. The day created a vibrant and eco-friendly atmosphere across the school.











FIELD TRIP













Pre-Primary – Vrindavan Garden

Our Pre-Primary students enjoyed a cheerful visit to Vrindavan Garden. The field trip gave them an opportunity to explore their surroundings, observe nature, and learn outside the classroom in a fun and engaging environment. The experience was filled with curiosity, excitement, and joyful learning.

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Class III – Pearl Millet Research Centre

Students of Class III visited the Pearl Millet Research Centre, where they had an opportunity to learn about millet, its cultivation, nutritional value, and importance in our food system. The visit connected classroom learning with real-world experiences and helped students develop greater awareness.























Class V – Neighbourhood Places

Students of Class V explored important places in their neighbourhood, including a Mochi Shop, Tailor, Bakery, AFFWA Office, Bank, Post Office, and other community facilities. The visit helped students understand the roles and services provided by different establishments and strengthened their awareness of the community around them.

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Class I – Community and Religious Places

Students of Class I visited different places such as religious places, a barber shop, and a theatre. The field trip helped young learners observe different places in their surroundings and understand their purpose and relevance in everyday life.





Class II – Community and Educational Places

Students of Class II visited places including the KV School, religious places, Vrindavan Garden, and Samrat Theatre. The visit provided opportunities for observation and experiential learning while helping students understand different institutions, public spaces, and places of cultural and recreational importance.





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Investment and Saving Awareness by SBI Bank

An informative workshop on Investment and Saving Awareness was conducted with the support of SBI Bank. The session introduced teachers to the concepts of saving, financial responsibility, and the importance of developing good money habits. for emergency, contingencies and retirement.













Upcoming Events

Lemonade Making
Navratri Celebration
Autumn Break
Solo Dance Competition
Purple Day Celebration
Annual Sports Day

A healthy plate, a happy heart, and a little green to